

## SIDE ORDERS

Portion of fresh Seasonal Vegetables **£2.75**

Baby Leaf Mixed salad **£2.95**

Portion of Baby New Potatoes **£1.95**

Garlic Ciabatta **£3.95**

Garlic Ciabatta with Cheese **£4.50**

Beer Battered Onion Rings **£4.95**

Extra Portion of Dips / dressings **£0.75**

Extra Cheese **£1.00**

Fries - Small **£1.95** Large **£2.95**

Cheesy Fries **£3.95**

Ciabatta Bread & Butter **£1.95**

**SERVED MONDAY TO SATURDAY LUNCHTIMES 12-2**

## SANDWICHES -

Choice of Ciabatta Roll or Granary Bread

**Cheddar Cheese & Caramelized**

**Red Onion £6.50**

**Tuna Mayonnaise £6.95**

**Cornish Brie, Cranberry &**

**Bacon £7.75**

**Bacon, Lettuce & Tomato £7.25**

## JACKET POTATOES

**Cheddar Cheese**

**& Caramelized Red Onion £7.25**

**Tuna Mayonnaise £7.75**

**Cornish Brie, Cranberry & Bacon**

**£8.50**

**Bacon, Lettuce & Tomato £7.95**

All Served with Baby Leaf Salad.

## TRADITIONAL ROAST SERVED EVERY SUNDAY LUNCHTIME AND EVENING

Served 12 - 2.30 & 6 - 8.30

We only use local Meat & Vegetables which are hand prepared to give

## Children's Menu - All At £6.95

**Cheesy Beanz Jacket Potato** with Mini Salad

**Breaded Scampi** with Chips & Peas

**Hunters Chicken** with Chips & Beans

**Breaded Chicken Goujons** with Chips & Peas

**Battered Cod Bites** with Chips & Peas

**Pork Sausages** with Mash & Beans

**Pasta Shells with Bolognaise Sauce** Garlic Bread & Salad

**Burger in a Bun** with Chips & Beans

**Cheese & Tomato Pizza** with Chips & Beans

## Kiddies Puddings

**MOUNT KIDDIMANJARO £4.50**

Vanilla & Chocolate Ice Cream With White Chocolate Buttons & Chocolate Sauce

**RASPBERRY SUMMIT £4.50**

Vanilla Ice Cream, Raspberries, Meringue Pieces, Raspberry Sauce & Clotted Cream

**TOFFEE POPCORN ERUPTION £4.50**

Toffee Fudge Ice Cream, Toffee Popcorn & Toffee Sauce

**CHOCOLATE PANDEMONIUM £4.50**

Chocolate Ice Cream, White Chocolate Buttons, Marshmallows, Chocolate Brownies & Chocolate Sauce

**MINTY AVALANCHE £4.50**

Chocolate Ice Cream, Mint Choc Chip Ice Cream, Mint Chocolate Crisps & Chocolate Sauce.

**TODAYS CRUMBLE £ 4.50**

with Choice of Custard, Ice Cream or Clotted Cream

**1 Scoop of Ice Cream £1.75**

**2 Scoops of Ice Cream £3.50**

**3 Scoops of Ice Cream £5.25**

Vanilla, Chocolate, Toffee, or Mint Choc Chip

# The Mounts Bay Inn

Mullion

## MENU



**01326 240221**

**www.mountsbaymullion.co.uk**

## FOOD SERVICE TIMES

**LUNCHTIMES - MON - SAT - 12 - 2**

**EVENINGS - 6 - 9 ( During August to 9.30 )**

**Sunday Menu & Roast Served 12 - 2.30 & 6 - 8.30**

**FREE  
Wi Fi**

2019



## STARTERS

### **Cornish Hog's Pudding, Caramelized Onion & Rosti Stack £6.95**

Crispy Potato Rosti's Layered with Sweet Caramelized Red Onions & Pan Fried Cornish Hog's Pudding,  
Finished with Balsamic Glaze & Peashoots

### **Crunchy Breaded Homemade**

#### **Monkfish Bites £7.25**

Gently Fried & Served with Sweet Chilli Dip & Peashoots

#### **Breaded Chicken Goujons £5.95**

Served on Baby Salad Leaves with Garlic Mayonnaise Dip

#### **Tipsy Mushrooms £6.95**

Button Mushrooms Pan Fried with Garlic, Onions, White Wine, Brandy & Cream. Served on Toasted Ciabatta

#### **Homemade Smoked Mackerel Pate**

#### **£6.95**

Locally Caught Smoked Mackerel Blended with Creme Fraiche & Served with Warm Ciabatta Bread & Pickled Gherkins

#### **Cornish Camembert £7.25**

Oven Baked & Topped with Garlic & Toasted Sunflower Seeds .  
Served with Warm Ciabatta Bread



## MAIN COURSES

### **Westcountry \*10 oz Sirloin Steak £19.95**

Tender Local Rump Steak Cooked Just How You Want It  
Served with Beer Battered Whole Onion Rings, Chips & Baby Leaf Salad

### **Local \*10 oz Prime Gammon Steak £12.50**

Chargrilled & Topped with Caramelized Onion & Wild Garlic Yarg and  
Served With Chips & Peas

### **'Hunterbrie' Chicken £12.95**

Chargrilled Chicken Breast Topped with Cornish Brie & BBQ Sauce  
& Finished with Crispy Bacon. Served with Chips & Baby Leaf Salad

### **'Mounts Bay' Burger with Cheese & Bacon £11.95**

A 6oz Locally Made Steak Burger with Crispy Bacon, Cheddar Cheese & Caramelised  
Onion Chutney. Served in a Brioche Bap with Chips, Baby Leaf Salad & BBQ Sauce

### **'Mounts Bay' Chicken Burger £11.95**

Grilled Chicken Breast Topped with Crispy Bacon & Melted Cheddar Cheese  
Served in a Brioche Bap with Chips, Baby Leaf Salad & Garlic Mayonnaise

### **Pan Fried Lamb's Liver, Bacon & Onions £11.50**

Delicious British Lamb's Liver Pan Fried with Quality Bacon & Onions  
Served on Buttered Mashed Potato with a Rich Red Wine Gravy & Vegetables

### **Homemade Traditional Lasagne £12.50**

Served with Garlic Ciabatta Bread & Baby Leaf Salad

### **Wholetail Breaded Scampi £11.95**

With Tartare Sauce and Fresh Lemon Wedges. Served with Chips & Peas

### **Mounts Bay Homemade Seafood Chowder £13.25**

Hake, Whiting, Mussels, Clams & Prawns in a Rich Creamy White Wine, Chive & Garlic  
Sauce. Served with Ciabatta Bread

### **Cornish Hake Fillet £14.95**

With Homemade Mango Salsa . Served with New Potatoes & Baby Leaf Salad

## **Vegetarian Dishes (All Homemade)**

### **(v) Butternut, Sweet Leek & Ricotta Lasagne**

**£11.95** Pasta Sheets Layered with Butternut Squash, Spinach, Leeks  
& Ricotta Sauce. Served with Garlic Ciabatta & Baby Leaf Salad

### **(v) Mushroom, Cashew & Spinach Stroganoff**

#### **£11.95**

Button Mushrooms, Toasted Cashews & Spinach Cooked with Brandy  
Cream & Red Onion. Served with Basmati Rice & Baby Leaf Mixed Salad

### **(v) Mediterranean Vegetable Gratin £10.95**

**( Also Suitable for Vegans)**

Sweet Potato, Aubergine, Pepper & Butterbeans in a Mediterranean  
Tomato Sauce, Topped with Toasted Breadcrumbs.  
Served with New Potatoes & Baby Leaf Salad

### **(v) Cauliflower & Red Pepper Balti Curry**

#### **£12.95**

Traditional Southern Indian Recipe. Cauliflower Florets, Red Peppers, &  
Chick Peas, Cooked with Garlic, Tomatoes, Coconut Cream & Spices  
Served with Long Grain Rice, Naan Bread & Mango Chutney.

## ALSO SEE OUR SPECIALS

## MENUS FOR OUR RANGE OF

## HOMEMADE SPECIALS, &

## FRESH LOCAL FISH

**Please ask to see our allergen information**

**folder if you have any food allergies**

**or intolerances.**